# RESPECT-Mil

(Re-Engineering Systems of Primary Care Treatment in the Military)

## Agenda & Goals

SAVANNAH, GA 15 JUNE 2010





#### Intro Last Night

- Evidence for delivering behavioral health in primary care
- ★ Evidence for 3 Component Model of collaborative care
- ⋆ Description of RESPECT-Mil
- \* Implementation information & data
- \* Innovations to come



#### What is RESPECT-Mil

★A systematic approach to recognizing and managing depression and PTSD in Primary Care

- **★** Essential elements
  - ★ Routine screening
  - ⋆ Diagnostic assessment of positives
  - ★ Engaging in Rx those with diagnosis
  - ★ Systematic follow up toward remission

#### RESPECT-Mil Process of Care

- **★** New tools
  - **★**Screening and diagnostic instruments
  - ★ Patient education materials
  - ★Suicide evaluation

- ★ New resources
  - ★ Care Facilitator to support patients and PCMs
  - ★Behavioral health resource to monitor, advise and assist



## RESPECT-Mil Process of Change

- ★ Video/web training
- ★ Share your experience / opinion leaders
- ★ Regular team meetings
- ★ Phased implementation
- ★ Ongoing support through the R-MIT



#### What's next- Goals for Today

- ★ Establish a learning network
- ★ Review RESPECT-Mil in action
- ★ Plan for training of your PCMs and Staff
- ★ Understand screening process
- ★ Understand care facilitation & FIRST-STEPS
- ★ Understand behavioral health staffing & its business case
- ★ Introduction to implementation planning and consideration of site variations

## Agenda to Achieve Goals Today

- ★ Observe & Discuss PTSD module
- **★** Screening demonstration
- ★ Facilitation & FIRST-STEPS presentation
- ★ Staffing & Business Case presentation LUNCH
- **★** Implementation Case Examples
- ★ Principles of Implementation planning
- **★** Individual site descriptions



#### What's next- Goals for Tomorrow

- ★ For New Sites: Develop an initial Implementation Plan
- ★ For Active Sites: Develop a successive Implementation Plan
- ★ Learn from accomplishments and problems of other sites
- ★ Know the measurement and data collection used to evaluate success
- ★ Leave with a plan to maintain momentum



## Agenda to Achieve Goals Tomorrow

- ★ Small interactive group sessions
- ★ Group presentations and feedback
- ★ Presentation on evaluation & metrics
- ★ Presentation on methods and facilitation for maintaining momentum



